## **Ph.D. Record of Progress**

Human Movement Science Curriculum

University of North Carolina

Chapel Hill, NC

This Record of Progress is your doctoral plan that you will discuss with your mentor. You will submit parts of this record for your First Year Review. This record should be updated regularly, and the associated forms submitted as you progress through the doctoral program.

Demographic Information

Name:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

PID#:

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Email:

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Perm. Mailing Address:

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\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Specialization Area: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Doctoral Mentor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

First Year Review

The First Year Review is a listing of academic coursework that the doctoral student will take as part of their doctoral program. This should be completed by the doctoral student and the academic advisor and then approved by the Educational Review committee. Ideally, an initial draft of the program of study (including all academic coursework to be taken during the doctoral program) will be completed by the end of the first semester. Changes made to the student’s program of study should be updated in the Record of Progress.

Educational Review Committee Approval of the Program of Study:

Educational Review Committee Chair (printed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Educational Review Committee Chair Signature Date

Annual Follow-Up Reviews

Academic Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Comments:

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Educational Review Committee Chair Signature Date

Academic Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Comments:

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Educational Review Committee Chair Signature Date

Academic Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Comments:

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Educational Review Committee Chair Signature Date

Academic Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Comments:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Educational Review Committee Chair Signature Date

Academic Year: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Comments:

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Educational Review Committee Chair Signature Date

# COURSE OF STUDY OUTLINE

Student: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_** Mentor: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Latest Revision Date: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Specialization Area: **\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

This document shows the courses, teaching experiences, lab rotations, etc. you plan to take by year/semester. If you plan to take one or more independent study (HMSC 877) courses, be certain to include the area of study and the instructor's name for each course. Note that you must complete an Independent Study tracking form (see pp. 55-57 of this manual) for each HMSC 877 course.

YEAR 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Semester** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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**YEAR 2**

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| **Semester** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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YEAR 3

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| **Semester** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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YEAR 4

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| **Semester** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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YEAR 5

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| **Semester** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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# HUMAN MOVEMENT SCIENCE CURRICULUM

# COURSEWORK IN FULFILLMENT OF DEGREE REQUIREMENTS

Student: Mentor:

Year of entry to program:

check here [ ]  if you entered program prior to 2016, but are electing to follow degree requirements adopted in fall 2016.

If you were admitted in Fall Semester 2016 or later, list the courses you have taken to meet the degree requirements (adopted in fall 2016). Minimum requirements are listed in parentheses. Fill in the body of the tables only - do not check any of the boxes indicating that requirements have been met.

**Human Movement Science Core Sequence** (\*6 credits required; check here **[ ]** if met)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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\*For a waived course, fill in course information in the table above and enter “waived” under grade.

**Advanced Human Movement Science Content** (6 credits required; check here **[ ]** if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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Doctoral Seminar (4 credits required; check here [ ]  if met)

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| --- | --- | --- | --- | --- | --- | --- |
| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |

Research Design Course (one course or course sequence; check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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Graduate Level Statistics (two courses beyond prerequisite courses; check here [ ]  if met)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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Grant Writing Course (one course; check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |

CITI Training (including module on Responsible Conduct of Research; check here [ ]  if met)

*For administrative use only:* This student has met all course requirements. **[ ]**

If you were admitted in Fall Semester 2015, list the courses you have taken to meet the degree requirements. Minimum requirements are listed in parentheses. Fill in the body of the tables only - do not check any of the boxes indicating that requirements have been met. You can omit this page if you are following degree requirements adopted in fall 2016.

Human Movement Science Core Sequence (9 credits; check here [ ]  if met)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   | HMSC 700 | Biomechanics |   |   |   |
|   |   | HMSC 701 | Neuromotor Control |   |   |   |
|   |   | HMSC 702 | Exercise Physiology |   |   |   |

**Graduate Seminar Courses** (two courses in content areas related to area of concentration**;** check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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Doctoral Seminar (4 credits; check here [ ]  if met)

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| **Semester** | **Year** | **Course #** | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |

Research Design Modules (5 credits; check here [ ]  if met)

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| **Semester** | **Year** | **Course #** | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   | AHSC 902 | Philosophical Foundations |   |   |   |
|   |   | AHSC 903 | Qualitative Foundations |   |   |   |
|   |   | AHSC 904 | Quantitative Foundations |   |   |   |
|   |   | AHSC 909 | Grant Writing |   |   |   |
|   |   | AHSC 914 | Academic Writing |   |   |   |

Graduate Level Statistics (two courses beyond prerequisite courses; check here [ ]  if met)

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| --- | --- | --- | --- | --- | --- | --- |
| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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Course in Scientific Inquiry (one course; check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |

*For administrative use only: This student has met all course requirements.* **[ ]**

If you were admitted in Fall Semester 2014 or earlier, list the courses you have taken to meet the degree requirements. Minimum requirements are listed in parentheses. Fill in the body of the tables only - do not check any of the boxes indicating that requirements have been met. You can omit this page if you are following degree requirements adopted in fall 2015 or later.

Human Movement Science Core Sequence (9 credits; check here [ ]  if met)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   | HMSC 700 | Biomechanics |   |   |   |
|   |   | HMSC 701 | Neuromotor Control |   |   |   |
|   |   | HMSC 702 | Exercise Physiology |   |   |   |

**Graduate Seminar Courses** (two courses in content areas related to area of concentration**;** check here [ ]  if met)

|  |  |  |  |  |  |  |
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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   |   |   |   |   |   |
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Doctoral Seminar (4 credits; check here [ ]  if met)

|  |  |  |  |  |  |  |
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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |
|   |   | IHMS 870 | Doctoral Seminar |   |   |   |

Research Methods (one course; check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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Graduate Level Statistics (two courses beyond prerequisite courses; check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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Course in Scientific Inquiry (one course; check here [ ]  if met)

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| **Semester** | **Year** | **Course #**  | **Title** | **Instructor** | **Credits** | **Grade** |
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*For administrative use only: This student has met all course requirements.* **[ ]**

**Research Experiences (1 of 2)**

**1. Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

# 2. Dates: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# (Include your best estimate of weeks/ semester/years)

**Experience Mentor:**

**Topic/Subject/Course:**

**Expected outcomes/goals (Research/Teaching):**

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Experience Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Primary Mentor approval:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Research Experiences (2 of 2)

**Brief Description of the Experience: (Fill in after completion)**

**Based on expectations agreed upon by the student and mentor, what were the results?**

* **Student’s assessment:**
* **Faculty assessment of student performance/suggestions:**

Overall the student’s performance was: satisfactory unsatisfactory

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**1. Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

# 2. Dates: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# (Include your best estimate of weeks/ semester/years)

**Experience Mentor:**

**Topic/Subject/Course:**

**Expected outcomes/goals (Research/Teaching):**

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Experience Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Primary Mentor approval:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

 Teaching Experiences (1 of 2)

**Brief Description of the Experience: (Fill in after completion)**

**Based on expectations agreed upon by the student and mentor, what were the results?**

* **Student’s assessment:**
* **Faculty assessment of student performance/suggestions:**

Overall the student’s performance was: satisfactory unsatisfactory

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**1. Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

# 2. Dates: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# (Include your best estimate of weeks/ semester/years)

**Experience Mentor:**

**Topic/Subject/Course:**

**Expected outcomes/goals (Research/Teaching):**

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Experience Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Primary Mentor approval:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Teaching Experiences (2 of 2)

**Brief Description of the Experience: (Fill in after completion)**

**Based on expectations agreed upon by the student and mentor, what were the results?**

* **Student’s assessment:**
* **Faculty assessment of student performance/suggestions:**

Overall the student’s performance was: satisfactory unsatisfactory

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**1. Student: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

# 2. Dates: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

# (Include your best estimate of weeks/ semester/years)

**Experience Mentor:**

**Topic/Subject/Course:**

**Expected outcomes/goals (Research/Teaching):**

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Experience Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Primary Mentor approval:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Brief Description of the Experience: (Fill in after completion)**

**Based on expectations agreed upon by the student and mentor, what were the results?**

* **Student’s assessment:**
* **Faculty assessment of student performance/suggestions:**

Overall the student’s performance was: satisfactory unsatisfactory

**Student signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Mentor signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Comprehensive Exam Committee

A Comprehensive Exam Committee will be created when the student is ready to begin their comprehensive exams. The exam will be developed, administered, and evaluated by the exam committee. (no form required)

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PRIMARY MENTOR Date

Comprehensive Exams

Doctoral students must pass a two part comprehensive examination. The exams consist of an onsite written examination (area specific) and an oral examination. <http://gradschool.unc.edu/forms.html> (doctoral exam report, parts i and ii)

Date Passed: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date Retaken (if failed): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Dissertation Committee

After the successful completion of your comprehensive exams you may form your Dissertation Committee. It is your responsibility to seek a minimum of five University of North Carolina at Chapel Hill Faculty. The Dissertation Committee is separate from the Comprehensive Exam Committee. The Dissertation Committee is responsible for overseeing and evaluating the student’s dissertation. <http://gradschool.unc.edu/forms.html> (report of doctoral committee composition – this form must be signed by the hmsc director)

Date submitted: \_\_\_\_\_\_\_\_\_\_\_\_\_

Approval of Dissertation topic (Recommended)

A brief overview (2-3 pages) of the topic and plans of the dissertation will be submitted and presented to the dissertation committee for their approval.

Date completed: \_\_\_\_\_\_\_\_\_\_\_\_\_

Dissertation Proposal Defense

The dissertation should be presented orally to the Dissertation Committee for approval. The written proposal should be distributed to each committee member at least 14 days before the presentation. All previous requirements, including satisfactory performance on the comprehensive examination and submission of a first-author manuscript, must be completed prior to the Dissertation Proposal defense.

<http://gradschool.unc.edu/forms.html> (report of approved dissertation project)

Date of committee approval of dissertation proposal: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Application for Graduation\_\_\_

**All students must apply for graduation (during their last semester in the program) through their ConnectCarolina account.**

**To apply:**
Complete the Graduation check-out page in ConnectCarolina's Self Service area:
Log in to [*ConnectCarolina*](http://connectcarolina.unc.edu) → In your Student Center, under the “Academic” tab, choose “Apply for Graduation” in the drop-down box, and then click the double arrows.

<https://gradschool.unc.edu/academics/resources/graddeadlines.html>

Date Submitted: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Anticipated Date of Graduation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Announcement of Dissertation Defense

The Dissertation Defense must be announced to the HMSC Administration 14 days ahead. HMSC Administration will forward this announcement to all faculty and students. The announcement should use the approved template, and include names of committee members, date, location, and time. The final copy of the dissertation must be distributed to Dissertation Committee members 21 days before the defense date. The dissertation defense is open to all faculty and students. This defense serves as the final examination.

Submitted to HMSC: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_

 HMSC Administrator Date

Dissertation Defense

All other requirements must be satisfied before the dissertation defense. All members of the Dissertation Committee should be present at the defense. <http://gradschool.unc.edu/forms.html> (doctoral exam report, parts iii and iv)

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Date Passed

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Date of final approval of the dissertation document (required revisions completed )